Superior Douglas County Family YMCA

2-Mile Frosty Feet Fun Run

1/2-Mile Frozen Tootsie Trot

Proceeds benefit new Aquatic equipment

Date: 12/29/12

Time: 11:00am / 2-Miler
11:45am / 1/2 Miler

Pre-register by: 12/23/12

Non-Refundable Fees:

- **$17 Frosty Feet Fun Run** (Ages 10+)
  Includes Long-sleeved t-shirt
  $20 after 12/23
- **$7 Frozen Tootsie Trot** (12 & Under)
  Includes Long-sleeved t-shirt
  **Entry is FREE if no shirt is ordered
- **Registration Deadline: Dec. 23rd**
  (Shirts not guaranteed by race day after 12/23)

The courses for both walkers & runners are out & back from the Superior YMCA. Using the sidewalk after leaving the YMCA parking lot, the 2-mile course heads towards Catlin Ave, north to Belknap, south on Morterelli Drive, and back to the YMCA parking lot.

PRIZES

Medals awarded to the top finisher in each age division, in both the Men's & Women's divisions in the 2-Mile Fun Run & 2-mile Fun Walk

Ribbons awarded to all participants of the 1/2-Mile Tootsie Trot

Don't want to walk outside? You can walk the track above the Gym during the week of Dec. 24-29. Indoor walkers will not be included in the standings for medals.

Sponsored by:

MATRIX

YOUTH LEADERSHIP PROGRAM
The Chamber Superior-Douglas County Area

Screen Graphics Uniform Connection
Screenprinting, Embroidery, Uniforms & Promotional Products
sgsuperior.com

PLAY IT AGAIN SPORTS

Healthier Douglas County Coalition

Register online @
www.superiorymca.org (OR)
Mail form and entry fee to:

Superior Douglas County Family YMCA
Attn: Cathi
9 N. 21st Street
Superior, WI 54880

Phone: 715-392-5611
Fax: 715-392-2636
E-mail: caustin@superiorymca.org
Website: www.superiorymca.org

RETURN THIS BOTTOM PORTION

Name

Address

Phone

T-Shirt Size YS(6-8) YM(10/12) YL (14/16)
AS AM AL XL XXL

Sex Age on race day

In consideration of the acceptance of my entry, I the undersigned, intending to be legally bound for myself, my heirs, executor, and administrators, do herby release any and all directors, volunteers, sponsors of this event, and their representatives, successors, and assigns, from any and all liability from illness or injury I may suffer as a result from my participation in this event. I attest and verify that I am physically fit and properly trained for the completion of this event. I assume all risks associated with but not limited to falls, contact with other participants, the affects of the weather, temperature and course conditions.

Signature Date

Signature of parent or guardian if under 18 years of age. Date