



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LET'S WORK TOGETHER



Jen Gibb

"I've been teaching fitness classes for years. I started as a participant & fell in love with it. People working on their wellness goals inspire me, and I want to pay that motivation forward. Fitness should be fun & that's what I'm all about. It makes me happy if I can make you laugh at least once during your workout."

Age: 28

Hometown: Brainerd, MN

Qualifications:

FiTour Group Fitness Instructor
FiTour Aquatic Exercise Instructor
NETA Certified Personal Trainer

Specialties/Interests:

Cooking, being outdoors, hiking, running, swimming, and teaching group exercise.
"Work out because you love your body, not because you hate it."