



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHIER STRONGER TOGETHER



## Trish Kallinen

"I have been a group fitness instructor for 5 years, and a personal trainer for 2 years. I lead an active lifestyle and enjoy helping people reach their fitness goals. I can help you whether you are just starting out in your fitness journey or would like to take it to the next level."

**Hometown: Superior, WI**  
**Age: 45**

### Qualifications:

*RTR Radiologic Technologist*  
*NETA Certified Personal Trainer*  
*Group Fitness Instructor*

### Specialties/Interests:

Group Fitness