

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 PRACTICE	2 PRACTICE	3	4 PRACTICE	5	6
7	8 PRACTICE	9 PRACTICE	10	11 PRACTICE	12	13
14	15 PRACTICE	16 PRACTICE FOR GROUPS AT THE Y. NO SHS PRACTICE GROUPS	17	18 PRACTICE	19	20
21	22 PRACTICE	23 PRACTICE	24	25 VIRTUAL MEET AT SHS AT 5:00PM	26	27
28	29 PRACTICE	30 PRACTICE	31			

EVENTS

PRACTICE SCHEDULE FOR THE Y LAP POOL

4:15-5:00 GROUP A
 5:00-5:45 GROUP B
 5:45-6:45 GROUP C
 6:30-7:30 GROUP D

PRACTICE SCHEDULE FOR SHS POOL

6:30-7:30 GROUP E
 7:15-8:30 GROUP F

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				PRACTICE 1	PRACTICE AT THE Y 2	MEET AT ITASCA GRAND RAPIDS MIDDLE SCHOOL 3
4	PRACTICE 5	PRACTICE 6	7	PRACTICE 8	PRACTICE AT THE Y 9	HOME MEET AT SHS POOL 10
11	PRACTICE 12	PRACTICE 13	14	PRACTICE 15	PRACTICE AT THE Y 16	MEET AT DULUTH LINCOLN PARK MIDDLE SCHOOL 17
18 PANCAKE BREAKFAST FUNDRAISER AT PILGRIM LUTHERAN CHURCH	PRACTICE 19	PICTURE DAY NO REGULAR PRACTICE 20	21	NO PRACTICE: THANKSGIVING 22	23	24
25	PRACTICE 26	PRACTICE 27	28	PRACTICE 29	PRACTICE AT THE Y 30	

EVENTS

FRIDAY PRACTICE GROUPS

5:00-5:45 SWIMMERS 10 AND UNDER
5:45-6:30 SWIMMERS 11 AND OLDER

PRACTICE SCHEDULE FOR THE Y

4:15-5:00 GROUP A
5:00-5:45 GROUP B
5:45-6:45 GROUP C
6:30-7:30 GROUP D

PRACTICE SCHEDULE FOR SHS POOL

6:30-7:30 GROUP E
7:15-8:30 GROUP F

SWIM MEETS

NOV 3 with Itasca, Brainerd, and Duluth
NOV 10 with Blaisdell, Shoreview and Duluth
NOV 17 with Duluth and White Bear

OTHER EVENTS

NOV 18 Pancake Breakfast Fundraiser
NOV 20 Pictures

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 MEET AT ITASCA GRAND RAPIDS MIDDLE SCHOOL
2	3 PRACTICE	4 PRACTICE	5	6 PRACTICE	7 PRACTICE AT THE Y	8 HOME MEET AT SHS POOL: RELAY MEET
9	10 PRACTICE	11 PRACTICE	12	13 PRACTICE	14 PRACTICE AT THE Y	15 MEET AT DULUTH LINCOLN PARK MIDDLE SCHOOL
16	17 PRACTICE	18 PRACTICE	19	20 ALL PRACTICE AT THE Y CHRISTMAS RELAYS	21	22
23	24 NO PRACTICE	25 NO PRACTICE	26	27 ALL PRACTICE AT THE Y SCHEDULE TBD	28	29
30	31 NO PRACTICE					

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SWIM MEETS

DEC 1 with Itasca, Brainerd, and Duluth
DEC 8 Relay meet with Itasca, Brainerd, and Duluth
DEC 15 with Duluth, Hudson, Brainerd, and Itasca

OTHER EVENTS

DEC 20 Christmas Relays and Cookies
DEC 27 All groups practice at Y during break

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NO PRACTICE	2	3 PRACTICE	4	5 OLYMPIC SWIM CLINIC
6	7 PRACTICE	8 PRACTICE	9	10 PRACTICE	11 PRACTICE AT THE Y	12 HOME MEET AT SHS POOL: DUCK MEET
13	14 PRACTICE	15 PRACTICE SECTIONAL SIGN-UP DEADLINE	16	17 PRACTICE	18 NO FRIDAY PRACTICE	19 MEET AT GRAND MARAIS Y
20	21 PRACTICE FOR SECTIONAL SWIMMERS	22 PRACTICE FOR SECTIONAL SWIMMERS	23	24 PRACTICE FOR SECTIONAL SWIMMERS	25	26
27	28 PRACTICE FOR SECTIONAL SWIMMERS	29 ALL PRACTICE AT Y APPLEBEE'S NIGHT	30	31 PRACTICE FOR SECTIONAL SWIMMERS		

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5:45-6:30 SWIMMERS 11 AND OLDER

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SWIM MEETS

JAN 12 "Duck Meet" with Itasca and Duluth
JAN 18 with Duluth at Grand Marais

OTHER EVENTS

JAN 5 Olympic Swim Clinic as SHS
JAN 29 Applebee's Fundraiser Night

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 SECTIONALS MEET
3	4 PRACTICE FOR ALL STATE QUALIFIERS	5 PRACTICE FOR ALL STATE QUALIFIERS	6	7 NO PRACTICE	8	9
10	11 PRACTICE FOR ALL STATE QUALIFIERS	12 PRACTICE FOR ALL STATE QUALIFIERS	13	14 PRACTICE FOR ALL STATE QUALIFIERS	15	16
17	18 PRACTICE FOR ALL STATE QUALIFIERS	19 PRACTICE FOR ALL STATE QUALIFIERS	20	21 PRACTICE FOR ALL STATE QUALIFIERS SPAGHETTI DINNER	22	23
24 STATE SWIM MEET	25 PRACTICE FOR REGIONAL QUALIFIERS	26 PRACTICE FOR REGIONAL QUALIFIERS	27	28 PRACTICE FOR REGIONAL QUALIFIERS		

EVENTS

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SWIM MEETS

FEB 2 Sectional Swim Meet at Brainerd High School
 FEB 24 State Swim Meet at University of Minnesota

OTHER EVENTS

FEB 21 Spaghetti Dinner for the whole team.
 Location TBD

PRACTICE SCHEDULES SUBJECT TO CHANGE AFTER SECTIONAL SWIM MEET

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 END OF YEAR AWARDS CEREMONY AT THE SUPERERIOR Y	4 PRACTICE FOR REGIONAL QUALIFIERS	5 PRACTICE FOR REGIONAL QUALIFIERS	6	7 PRACTICE FOR REGIONAL QUALIFIERS	8	9
10	11 PRACTICE FOR REGIONAL QUALIFIERS	12 PRACTICE FOR REGIONAL QUALIFIERS	13	14 PRACTICE FOR REGIONAL QUALIFIERS	15	16 REGIONAL SWIM MEET DES MOINES, IA
17 REGIONAL SWIM MEET DES MOINES, IA	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

EVENTS

REGIONAL PRACTICE SCHEDULE TO BE DETERMINED BASED ON NUMBER OF QUALIFYING SWIMMERS

SWIM MEETS

MAR 16-17 Regional Swim Meet in Des Moines, Iowa for Qualifying Swimmers

OTHER EVENTS

MAR 3 End of Year Banquet and Awards Ceremony for whole team at the Y