



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**TAKE YOUR  
FITNESS**

**TO THE NEXT LEVEL**  
with...

**PERSONAL  
TRAINING**



**NEW YEAR SPECIAL!**

**January 1st-31st**

**Buy 5 Personal Training sessions and receive an  
additional session FREE!**

**Buy 10 sessions, get 2 FREE!**

**\*must contact a Personal Trainer prior to registering**

