



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SWIM PATHWAYS

AQUATIC CONDITIONING: ENDURANCE, SPORTS AND GAMES

Wednesdays 4:00–4:45

February 20 – April 3

Ages 10–16

Build endurance and stroke technique on all major competitive strokes and use aquatic sports and games as part of your healthy lifestyle.

For more info contact Danielle at
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715-395-2080 ext. 101

Members: \$35

General Public: \$70