

2020-2021 WHALER SEASON

Following state and federal guidelines, the Superior YMCA has developed a plan to be able to offer the 2020-2021 Whaler swim team season in a safe and responsible manner.

Facility use restrictions at the Superior YMCA and the SHS Natatorium, along with industry best practices from USA Swimming & Diving and the CDC determined the changes instituted.

Our amazing coaching staff is excited to begin working with your children again, after what will end up having been a very long 6+ month hiatus! Please read our new Policies & Procedures carefully, as much has changed. If your decision is to take this year off, we respect and support your decision and we will welcome you back next year!

NEW POLICIES & PROCEDURES

SHS Natatorium practices:

- Practice groupings are determined by swimmer age and experience
- 3 swimmers allowed per lane, per practice
- Swimmers will be dropped off at **Door E16** - no parents/spectators allowed
- Coaches/YMCA staff will usher swimmers from Door E16 to pool
- Drop off and pick up within 5 minutes of scheduled practice
- Swimmers must wear masks anytime in the building except while swimming
- Staff/Coaches must wear masks at all times
- Locker rooms, including showers, will not be available
- Two coaches per practice group plus one lifeguard
- Swimmers and belongings will be spread out 6+ feet from each other when out of the pool
- Swimmers are encouraged to bring their own kickboard, pull buoy and "training" swim fins
see YMCA website for links
- Any shared practice equipment will be sanitized between groups by YMCA staff/coaches
- 10-minute break between practices to allow for proper sanitization of shared equipment and to prevent group gatherings

YMCA Lap Pool practices:

- Practice groupings are determined by swimmer age and experience
- 3 swimmers allowed per lane, per practice
- Any parents that wish to remain in the building after dropping off swimmer must make a reservation for facility use (eg., rec pool time, track, fitness center, group exercise class) through our online system - no waiting in the building until practice ends.
- Enter the YMCA through the Hill Avenue Entrance
- Drop off and pick up within 5 minutes of scheduled practice. Please be on time!
- Swimmers must wear masks everywhere in the building except while swimming
- Staff/Coaches must wear masks at all times
- Locker rooms, including showers, are not available
- Swimmers will ENTER the Lap Pool from the Lap Pool hallway entrance
- Swimmers will LEAVE the Lap Pool through the emergency exit doors that lead to Hill Avenue entrance hallway
- Swimmers will each be assigned a spot to place personal belongings while practicing
- Swimmers are encouraged to bring their own kickboard, pull buoy and "training" swim fins
see YMCA website for links
- Any shared practice equipment will be sanitized between groups by YMCA staff/coaches
- 10-minute break between practices to allow for proper sanitization of shared equipment and to prevent group gatherings

SWIM MEETS:

As of August 14, 2020, we anticipate that only VIRTUAL SWIM MEETS will occur this season. A modified format will follow all pool use restrictions so as not to place large crowds in the pool area at any given time. Additional information to come soon!