



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AUGUST GYMNASIUM SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN
<p>GYMNASIUM OPENS at 6:00am</p> <p>7:00am-8:00am FITNESS CLASS</p> <p>OPEN GYM</p> <p>GYMNASIUM CLOSSES at 8:45pm</p>	<p>GYMNASIUM OPENS at 6:00am</p> <p>5:30pm-6:30pm FITNESS CLASS</p> <p>OPEN GYM</p> <p>GYMNASIUM CLOSSES At 8:45pm</p>	<p>GYMNASIUM OPENS at 6:00am</p> <p>7:00am-8:00am FITNESS CLASS</p> <p>OPEN GYM</p> <p>GYMNASIUM CLOSSES at 8:45pm</p>	<p>GYMNASIUM OPENS at 6:00am</p> <p>OPEN GYM</p> <p>GYMNASIUM CLOSSES at 8:45pm</p>	<p>GYMNASIUM OPENS at 6:00am</p> <p>7:00am-8:00am FITNESS CLASS</p> <p>OPEN GYM</p> <p>GYMNASIUM CLOSSES at 8:45pm</p>	<p>GYMNASIUM OPENS @ 8:00am</p> <p>OPEN GYM</p> <p>CLOSSES at 3:45pm</p>	<p>FACILITY CLOSED ON SUNDAYS</p>

Youth ages 7+ may use the gym without an adult.
Youth 6 and under must be accompanied by an adult at all times.

Must bring own equipment.

SUPERIOR DOUGLAS COUNTY FAMILY YMCA
9 N 21st St, Superior, WI 54880
715-392-5611 www.superiorymca.org