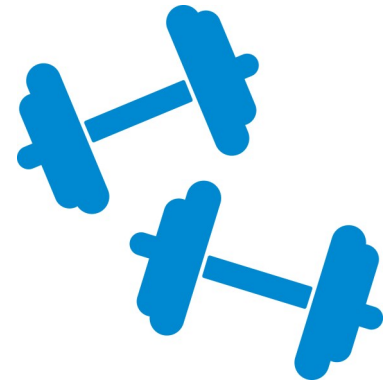




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PERSONAL TRAINING DROP IN



Have you ever considered getting a Personal Trainer?

Here is your chance to sample a session with one of our trainers.

Our trainer will give you a taste of what a session would be like with them. Bring your workout to the next level!

Drop in session only \$25 for 45 minutes

**Superior Douglas County Family YMCA
9 N 21st St Superior, WI 54880
715-392-5611 www.superiorymca.org**